

# Check Drop

## HYPOGLYCEMIA SYMPTOMS (LOW BLOOD GLUCOSE)

### Suggested Treatment

### C A U S E S

**Too much insulin given**  
**Excessive exercise**  
**Not enough food eaten**  
**Delayed or missed meals**  
**Alcohol intake with or without food**  
**Taking the wrong kind of insulin**  
**Rapid insulin absorption from a site change**  
**Poor timing of food and insulin**  
**Stomach problems that slow absorption**  
**The effect of a recent low blood glucose**  
**Use of beta blocker drugs for high blood pressure**  
**Improper counting and measuring**

### FAST SUGAR

3 or 4 glucose tablets

1 serving cake gel

4 to 6 pcs. hard candy

skittles, fruit snacks

life savers, gummies

Anything sugary quick

Any sugary fruit juice

Any regular drink - NOT DIET

1 cup of milk, choc. milk

Tablespoon of sugar or honey

**If unable to eat or drink  
(Unconscious)**

**EMERGENCY KIT GLUCAGON**

**CALL 911**

**CONFUSION**

**TREMBLING**

**WEAKNESS**

**SWEATING**

**HUNGER**

**Crying, Nightmares**

**FATIGUE**

**HEADACHE**

**IRRITABLE**

**DIZZINESS**

**Difficulty speaking**

**ANXIOUS**

**COMBATIVENESS**

**DISORIENTATION**

**FAST HEARTBEAT**

### CAUTION:

Glucagon may NOT work if you have been drinking alot of alcohol.

**UNCONSCIOUS, COMA, SEIZURE and DEATH**