

Teachers & Schools Type 1 Diabetes

FOR SYMPTOMS AND SUGGESTED TREATMENT SEE PAGES 2 and 3

CHECK
DON'T
GUESS



These are Signs and Symptoms
NOT to be Ignored, BUT treated immediately

NOT always Preventable and treatment is needed ASAP!

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Hypoglycemia LOW GLUCOSE LEVEL

Never send a child with
suspected low blood sugar
anywhere alone With
symptoms of hypoglycemia
(shaky, sweaty, confused)
OR any sudden changes

**CHECK IT!
TREAT!
RE-CHECK**

WHAT CAUSES IT?

A missed Check time OR
because of 1 or more reasons

- *Too much insulin*
- *Missed food*
- *Delayed food*
- *Too much exercise*
- *Unscheduled exercise*
- *Being more active than usual*

NOTE

The Indoor/Outdoor Temperature
can also affect insulin, the person
and insulin performance to
work faster or slower than usual

FIRST ACTION NEEDED:

CHECK DON'T GUESS

Notify School Nurse:

Check Blood/Glucose Level

FOLLOW

*the individualized
medical plan*

BUT ALSO:

IF THERE IS NO METER

*When in doubt for a low
TREAT IT ASAP*

SAVE
A
LIFE

SEEING
MULTIPLE
SIGNS
and
SYMPTOMS
SEEK
MEDICAL
ATTENTION



Thanks for Caring
Teachers & Schools
To Help Save-A-Life

**It's an
Auto-
Immune
Disease**

IT CAN HAPPEN QUICK, AT ANYTIME and AT ANY AGE - IT JUST HAPPENS!

Diabetes the Parents Side International

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www.autoimmunediabetealliance.org

"CHECK DON'T GUESS"

Hypoglycemia - LOW GLUCOSE LEVEL